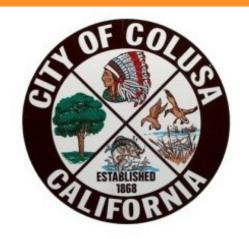
City of Colusa

August Update 2022



Community Events

TOMORROW!



Maricahi Bonitas

City Business

Council and Commission Meetings

Miss last week's City Council meeting? You can watch the recording by clicking the "View Agenda & Schedules" tab below.

<u>Upcoming Meetings</u>

- Planning Commission Wednesday 8/10 at 7 PM
- City Council Meeting Tuesday 8/16 at 6 PM
- Planning Commission Wednesday 8/25 at 7 PM



View Agenda & Schedules

City Business

City of Colusa 2022 Election Information

Find all of the information you need for the City of Colusa's November 8th, 2022 Election. Make sure to check back often to get up-to-date information on your local election.



Notice of Election

City Business

Smell Complaints

We want to hear from you!

We have seen and heard your complaints about smells in the community. We ask residents to please call City Hall with their smell complaints so we can track and log them. These calls will help us to have the information needed for City Staff and Council to address issues with local businesses and production facilities going forward.

If you call outside of regular City Hall hours, we ask that you leave a message with as much detail as possible- including your name, what you think the smell is, and where you believe it is. Your help in capturing this information is appreciated. Please call (530)458-4941.

Let us know!

Notice a strong smell in town? Please let us know! Call (530)458-4941 and inform City Staff

Calls regarding smells will be documented and counted, specifically around cannabis cultivation and mushroom production. These totals will be presented in the Monthly Staff Reports during City Council Meetings.



City Business

If the Walls Could Talk...

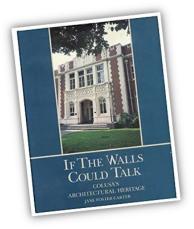
They'd tell you the book is being reprinted!

Same insightful text and historic photos; new indexes for easier reference and updated ownership.

The Carter family, in concert with the City of Colusa's Historic Preservation Commission and book designer LK James, are bringing this local classic back into print. Don't miss your chance to own a piece of Colusa's history. A limited number of copies will be available for purchase in late 2022 for \$100.

Reserve your copy NOW with a down payment of \$20, made payable to the City of Colusa, with HPC "Walls" book in the memo line and mailed to HPC, c/o Jim White, 510 Tenth Street, Colusa. Please include your name, address, phone number, and email address.

You also have the option to purchase your copy online by clicking the link below. Please note that if you do not have a RecDesk account set up, you will need to create one to make an online purchase. There is also a 2.95% processing fee.



If the Walls Could Talk . . .

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Yes, reserve my copy of If the Walls Could T	<i>Falk</i> today.
Here's my information so you can contact me when the book is available:	
Enclosed is my check no	_ or my \$20 cash
Name	Phone
Address	
Email address	
Make checks payable to City of Colusa, with HPC "Walls" in memo line, and mail to: HPC, c/o Jim White, 510 Tenth Street, Colusa CA 95932	

Buy Online

City Business

Caltrans to Hold Free Dump Day for Colusa County

Saturday, August 13 in Williams

Who: Caltrans District 3

What: Clean California Dump Day - Caltrans will have maintenance staff on-site to

accept household waste and approved debris at no charge. Other acceptable items include yard waste, tires, household appliances, and mattresses. This flyer provides additional information, including items that can and cannot be accepted. The flyer is also available in Spanish.

When: Saturday, August 13, 2022, from 8 a.m. to 3 p.m. or until capacity is reached.

Where: Williams Overflow Yard – 737 N Seventh Street, Williams, CA 95987. Dump Day events are organized to further Caltrans' goal of keeping California highways litter-free as part of the Clean California Initiative. Visit the program's website to learn more about how Clean California is transforming communities.



Learn More

City and Community Events

Free Swim Days!



City and Community Events

Free Swim Days!

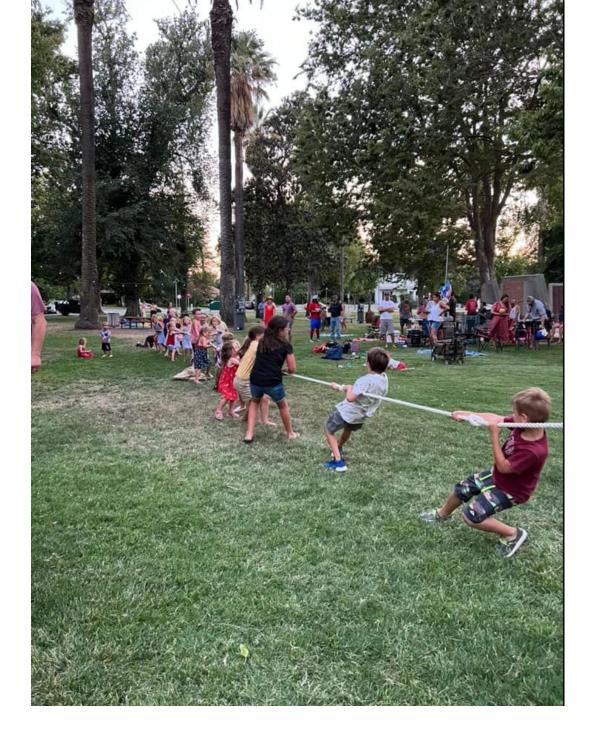


City and Community Events

Parks Make Life Better!

This community event was made possible with the support of Pioneer Review Community Fund.

On Thursday, July 28, we celebrated National Parks and Recreation Month with Field Day games at Concerts in the Park. Kids of all ages enjoyed sack races, cornhole, ring toss, and tug-o-war. Thank you to Susan Meeker of the Pioneer Review Community fund for joining the Parks and Rec Department to create a fun event for the community.



City and Community Events

Concerts in The Park

Head on down for Concerts in the Park Thursday, August 11!



Parks & Recreation

Colusa Pool

COLUSA POOL HOURS

MONDAY-THURSDAY

12:00-2:30 Swim Session 1 (Swimmers will exit the pool at 2:15) 3:00-5:00 Swim Session 2 (Swimmers will exit the pool at 4:45)

FRIDAY - SATURDAY

12:00-2:30 Swim Session 1 (Swimmers will exit the pool at 2:15) 3:00-5:00 Swim Session 2 (Swimmers will exit the pool at 4:45)

SUNDAY

1:00-3:00 Swim Session 1 (Swimmers will exit the pool at 2:45) 3:00-5:00 Swim Session 2 (Swimmers will exit the pool at 4:45)

FREE SWIM DAYS!

Saturday 8/6 & Sunday 8/7 Friday 8/12, Saturday 8/13, & Sunday 8/14

CLOSING DAY SUNDAY, AUGUST 14

Parks & Recreation

Late Summer & Early Fall

While the public swim hours end on August 14th, there are still ways to enjoy the pool through September. We have extended the lap swim hours, senior swim hours and days, as well as added Aqua Zumba classes and added an afternoon/evening lap swim option.

City of Colusa Parks & Recreation

AQUATICS

Late Summer & Early Fall

ADULT LAP SWIM (18+)

AUGUST 5 - SEPTEMBER 30

DAILY MON-SUN 5 AM - 10 AM

Swimming is an excellent workout because you need to move your whole body against the resistance of the water. The Colusa Pool Adult Lap Swim program is designed for residents and visitors 18+. You will have access to the pool daily, between 5 AM - 10 AM, to get your laps in and add to your health journey.

Swimming is a great all-round activity because it:

- · keeps your heart rate up but takes some of the impact stress off your body
- builds endurance, muscle strength, and cardiovascular fitness
- · helps you maintain a healthy weight, healthy heart and lungs
- · tones muscles and builds strength
- provides an all-over body workout, as nearly all of your muscles are used during swimming.

Swimming has many other benefits, including:

- · being a relaxing and peaceful form of exercise
- · alleviating stress
- · improving coordination, balance, and posture
- · improving flexibility
- · providing good low-impact therapy for some injuries and conditions
- · providing a pleasant way to cool down on a hot day

LATE SUMMER Pass - 8 weeks \$40.00

Monthly Pass - 4 weeks \$20.00



LAP SWIM (14+)

AUGUST 5 - SEPTEMBER 30

DAILY MON-SUN thru 8/14 5 PM - 6:30 PM

DAILY MON-SUN 8/15-9/30 4 PM - 6:30 PM

In line with our Morning Adult Lap Swim, community members 14 and older that wish to swim laps are now welcome too! Swimmers under 18 must have an adult on site, as no lifeguard is on duty. Our reserved late afternoon hours are open to all registered community members between 5 PM and 6:30 PM between August 5 and 14. Hours will be 4 PM to 6:30 PM begining the 15th.

These swim hours will be open to morning lap swimmers as well. However, the morning hours will remain adult (18+) only.

LATE SUMMER Pass - 8 weeks \$40.00 Monthly Pass - 4 weeks \$20.00

*Please note that Saturday and Sunday Swim Hours may be change due to private rentals of the pool. Registered swimmers will be given notice via text of email.

SENIOR SWIM (65+)

For our 65 and better community members, Free Swim each Monday, Wednesday & Friday from 8 AM - 10 AM. Registration is required, as this is an adult-only swim, and no lifeguards will be on duty. You may sign up online or in person at City Hall. This program will end on Friday, September 30, 2022

COST: FREE, REGISTRATION REQUIRED

AQUA ZUMBA

NEW DAYS!

Aqua Zumba combines traditional aqua exercises with standard Zumba moves and music. In Aqua Zumba, one must perform large muscle movements by stretching the arms and lifting the legs in the water. It also requires the circling of the hips and shoulders. Every step in Aqua Zumba is challenging, and it helps in toning your muscles.

The body's natural buoyancy in water allows one to move and bend in ways that are often challenging to perform on land. As the body remains submerged in the body, it will act as a cushion, and the chances for an injury are less.

Aqua Zumba is an excellent therapy for people suffering from joint problems, and the pressure will be removed from your knees, hips, and ankles. Your body will also feel great after every workout. Join certified Aqua Zumba instructor Toni Hilger!

Please wear a swimsuit, lightweight shorts/leggings, and a top. Water shoes are not required but preferred.

Single Class \$6.00

SATURDAY CLASSES, 8:30-9:30 AM

August 6 & 27 September 3, 10, 17, & 24

WEDNESDAY CLASSES, 6:30-7:30 PM

August 17, 24, & 31 September 7, 14, 21, & 28

City of Colusa | 425 Webster St., Colusa, CA 95932

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